



January 2014

MONDAY - FRIDAY
A variety of cereal will be offered daily and served with yogurt parfait or a mini loaf.

	MONDAY 12/30	TUESDAY 12/31	WEDNESDAY 1/1	THURSDAY 1/2	FRIDAY 1/3
CHOOSE 1	Winter Recess Schools Closed	Winter Recess Schools Closed	Winter Recess Schools Closed	Mini French Toast	Breakfast Pizza
CHOOSE 1				Frudel	Nutrigrain Bar w/ Cheesestick
				Apple Juice	Peach Cup
				Diced Peaches	Strawberry Cup
				Variety of Milk	Variety of Milk
	MONDAY 1/6	TUESDAY 1/7	WEDNESDAY 1/8	THURSDAY 1/9	FRIDAY 1/10
CHOOSE 1	Sausage & Cheese Bagel	Oatmeal	Egg & Cheese Sandwich on an English Muffin	Pancakes (2) w/Syrup	Sausage & Egg Sandwich on Bagel
	Blueberry Muffin	Cream Cheese Filled Bagel Bar	Cinnamon Granola Round	Oatmeal To Go Breakfast Bar & Cheesestick	Cinni Mini Swirls
CHOOSE 1	Diced Pear Cup	Raisins	Applesauce	Blended Fruit Juice	Mixed Fruit Cup
	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
	MONDAY 1/13	TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	FRIDAY 1/17
CHOOSE 1	French Toast (1) w/Sausage Link (1) & Syrup	Chicken Sausage, Egg & Cheese Sandwich on English Muffin	Waffles (2) w/Syrup	Egg & Cheese Bagel	Turkey Sausage Pancake Sandwich
	Chewie Granola Bar (2 Br, 1 F)	Benefit Bar	Bake Crafter Breakfast Bar w/ Graham Crackers (1 pack)	Cream Cheese Filled Breakfast Pretzel	Cheesestick & Graham Crackers (2 packs)
CHOOSE 1	Diced Pear Cup	Orange Juice	Strawberry Cup	Apple Juice	Pineapple Cup
	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
	MONDAY 1/20	TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24
CHOOSE 1	Dr. Martin Luther King Junior Day Schools and Administrative Offices Closed	Steak, Egg & Cheese Sandwich on Bagel	Breakfast Burrito	Turkey Ham, Egg & Cheese Sandwich on English Muffin	Mini Pancakes
CHOOSE 1		Crunchmania	Nutrigrain Bar & Cheesestick	Cheese Filled Pretzel	Frudel
		Apple Juice	Diced Pears	Blended Fruit Juice	Mixed Fruit Cup
		Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
		Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk
	MONDAY 1/27	TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31
CHOOSE 1	Breakfast Pizza	Sausage & Cheese Bagel	Pancakes (2) w/Sausage Link (1) & Syrup	Chicken Sausage, Egg & Cheese Sandwich on English Muffin	Belgian Waffle Sticks (2) w/Syrup
	Oatmeal To Go Breakfast Bar & Cheesestick	Blueberry Muffin	Cream Cheese Filled Bagel Bar	Cinni Mini Swirls	Cinnamon Granola Round
CHOOSE 1	Applesauce	Pineapple Juice	Raisins	Orange Juice	Strawberry Cup
	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit	Whole Fresh Fruit
	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk	Variety of Milk



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	MONDAY 12/30	TUESDAY 12/31	WEDNESDAY 1/1	THURSDAY 1/2	FRIDAY 1/3
CHOOSE 1	Winter Recess Schools & Administrative Offices Closed	Winter Recess Schools & Administrative Offices Closed	Winter Recess Schools & Administrative Offices Closed	South Philly Cheesesteak Wrap	Chalupa w/Scoops
CHOOSE 1-4				Calzone w/Marinara Sauce	Chicken Teriyaki w/ 1 C Rice
				Autumn Vegetable Medley Baked Beans Fruit Juice Applesauce Variety of Milk	Braised Collard Greens Savory Peas Mixed Fruit Cup Diced Pears Variety of Milk
	MONDAY 1/6	TUESDAY 1/7	WEDNESDAY 1/8	THURSDAY 1/9	FRIDAY 1/10
CHOOSE 1	Rotini w/Meatballs All Beef Hot Dog w/Roll	Toasted Turkey Pepperoni and Cheese Hoagie Los Cabos Burrito	Chicken Nuggets w/Roll Hamburger on a Whole Wheat Bun	Pizza Turkey Burger w/Lettuce & Tomato Oven Roasted BBQ Chicken w/Rice (1C)	Chicken Taco Quesadilla Beefy Macaroni & Cheese w/Roll
CHOOSE 1-4	Savory Broccoli Cuts Cucumber Coins w/Dip Frozen Fruit Juice Cup Whole Fresh Fruit Variety of Milk	California Vegetable Blend Carrots w/Ranch Dip Fruit Juice Whole Fresh Fruit Variety of Milk	Braised Collard Greens Mashed Potatoes Pineapple Cup Whole Fresh Fruit Variety of Milk	Zesty Green Beans Homestyle Carrots Applesauce Whole Fresh Fruit Variety of Milk	Black Bean Con Queso Sweet Corn Peach Cup Whole Fresh Fruit Variety of Milk
	MONDAY 1/13	TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	FRIDAY 1/17
CHOOSE 1	Chicken Patty Sandwich Cheeseburger on WW Bun w/Lettuce & Tomato	Cheese Ravioli w/Roll Nacho Grande w/Fajita Chicken and Scoops	Classic Meatball Hoagie Chicken Tenders w/Roll	Turkey Roasts w/Gravy & Homestyle Stuffing & Roll Southwestern Chili & Rice Bowl	Calzone w/Marinara Sauce Fish Sandwich w/Lettuce & Tomato
CHOOSE 1-4	Baked Beans Garden Salad w/ Dressing Pear Cup Whole Fresh Fruit Variety of Milk	Homestyle Carrots Sweet Corn Fruit Juice Whole Fresh Fruit Variety of Milk	Savory Broccoli Cuts Mashed Potatoes Peach Cup Whole Fresh Fruit Variety of Milk	Diced Maple Glazed Sweet Potatoes Zesty Green Beans Applesauce Craisins Variety of Milk	Autumn Vegetable Medley Celery Sticks w/ Dip Raisins Whole Fresh Fruit Variety of Milk
	MONDAY 1/20	TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24
CHOOSE 1	Dr. Martin Luther King Junior Day Schools and Administrative Offices Closed	Chalupa w/Scoops Buffalo Chicken Patty Sandwich	Chicken Cheesesteak Lasagna w/Marinara Sauce & Breadstick	Turkey Ham & Cheese Quesadilla Grilled Cheese & Tomato Sandwich	Stuffed Shells w/Breadstick Hamburger on WW Bun w/ Lettuce & Tomato
CHOOSE 1-4		Braised Collard Greens Homestyle Carrots Fruit Juice Whole Fresh Fruit Variety of Milk	Italian Vegetable Medley Potato Rounds Frozen Fruit Juice Cup Whole Fresh Fruit Variety of Milk	Carrots w/Ranch Dip Black Bean Con Queso Fruit Juice Whole Fresh Fruit Variety of Milk	Savory Peas Cucumber Coins w/Dip Mixed Fruit Cup Whole Fresh Fruit Variety of Milk
	MONDAY 1/27	TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31
CHOOSE 1	Grilled Turkey & Cheese Sandwich Cheese Ravioli w/Roll	Chicken Teriyaki w/ 1 C Rice Turkey Ham, Egg & Cheese Sandwich on English Muffin	Chicken Nuggets w/Roll Rotini w/Meatballs	Turkey Burrito Bowl Nacho Grande w/Turkey and Scoops	South Philly Cheesesteak Wrap Fish Tacos
CHOOSE 1-4	Sweet Corn Celery Sticks w/ Dip Peach Cup Whole Fresh Fruit Variety of Milk	Potato Rounds Zesty Green Beans Fruit Juice Whole Fresh Fruit Variety of Milk	Garden Salad w/ Dressing Homestyle Carrots Pineapple Cup Whole Fresh Fruit Variety of Milk	Autumn Vegetable Medley Fiesta Black Beans Fruit Juice Whole Fresh Fruit Variety of Milk	Savory Broccoli Cuts Carrots w/Ranch Dip Mixed Fruit Cup Whole Fresh Fruit Variety of Milk
WEEKLY ROTATION MENU					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Pizza: 5" Round	Pizza: Southwest Spicy	Pizza: 4X6	Pizza: Wedge	Pizza: French Bread
	Sandwich: Southwest Turkey Wrap	Sandwich: Turkey Ham and Cheese on Wheat Bread w/ Lettuce & Tomato	Sandwich: Tuna Salad Hoagie w/ Lettuce & Tomato	Sandwich: Italian Hoagie	Sandwich: Turkey Bologna and Cheese Hoagie w/ Lettuce & Tomato
	Salad: Romaine Chef Salad w/Turkey Ham & Roll	Salad: Chef Salad with Turkey Ham & WW Roll	Salad: Chicken Caesar Salad	Salad: Pasta Chef Salad w/ Turkey	Salad: Turkey Pepperoni Coins with String Cheese, Whole Grain Saltines, Baby Carrots, Craisins and WW Roll



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Winter Recess Schools & Administrative Offices Closed	Winter Recess Schools & Administrative Offices Closed	Winter Recess Schools & Administrative Offices Closed	Turkey & Cheese Hoagie Bagged Snack Blended Fruit Juice Diced Peaches Milk	Turkey Hoagie Bagged Snack Blended Fruit Juice Diced Pears Milk
MONDAY 1/6	TUESDAY 1/7	WEDNESDAY 1/8	THURSDAY 1/9	FRIDAY 1/10
Turkey & Cheese Hoagie Bagged Snack Blended Fruit Juice Fresh Fruit Milk	Cheese Sandwich Apple Juice Fresh Fruit Milk	Turkey Pepperoni and Cheese Sandwich Cucumber Coins w/Dip Fresh Fruit Milk	Tasty Taco Salad Pretzels Milk	Turkey Hoagie Bagged Snack Blended Fruit Juice Fresh Fruit Milk
MONDAY 1/13	TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	Friday 12/20
Southwest Turkey Wrap Bagged Snack Carrots w/Dip Fresh Fruit Milk	Turkey Ham and Cheese Hoagie Blended Fruit Juice Fresh Fruit Milk	Tuna and Cheese Hoagie Bagged Snack Pineapple Juice Milk	Tasty Taco Salad Pretzels Milk	Turkey Pepperoni Slices Cheese Stick (1) Celery Sticks (6) Breadstick (1) Raisins Milk
MONDAY 1/20	TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24
Dr. Martin Luther King Junior Day Schools and Administrative Offices Closed	Cheese Sandwich Apple Juice Fresh Fruit Milk	Turkey Pepperoni and Cheese Sandwich Cucumber Coins w/Dip Fresh Fruit Milk	Tasty Taco Salad Pretzels Milk	Turkey Hoagie Bagged Snack Blended Fruit Juice Fresh Fruit Milk
MONDAY 1/27	TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31
Southwest Turkey Wrap Bagged Snack Carrots w/Dip Fresh Fruit Milk	Turkey Ham and Cheese Hoagie Blended Fruit Juice Fresh Fruit Milk	Tuna and Cheese Hoagie Bagged Snack Pineapple Juice Milk	Tasty Taco Salad Pretzels Milk	Turkey Pepperoni Slices Cheese Stick (1) Celery Sticks (6) Breadstick (1) Raisins Milk



January 2014

School District of Philadelphia
Full Service Saturday Menu

12/11/2013

MONDAY 12/30	TUESDAY 12/31	WEDNESDAY 1/1	THURSDAY 1/2	FRIDAY 1/3	SATURDAY 1/4
Winter Recess Schools Closed	Winter Recess Schools Closed	Winter Recess Schools Closed			Yogurt with Graham Crackers Orange Juice Peach Cup Milk
					Cheese Hoagie with Lettuce & Tomato Fruit Juice Peach Cup Milk
MONDAY 1/6	TUESDAY 1/7	WEDNESDAY 1/8	THURSDAY 1/9	FRIDAY 1/10	SATURDAY 1/11
					Mini Cinni Swirls Apple Juice Fresh Fruit Milk
					Turkey Hoagie Fruit Juice Fresh Fruit Milk
MONDAY 1/13	TUESDAY 1/14	WEDNESDAY 1/15	THURSDAY 1/16	FRIDAY 1/17	SATURDAY 1/18
					Blueberry Muffin Blended Fruit Juice Fresh Fruit Milk
					Italian Hoagie with Lettuce & Tomato Fruit Juice Fresh Fruit Milk
MONDAY 1/20	TUESDAY 1/21	WEDNESDAY 1/22	THURSDAY 1/23	FRIDAY 1/24	SATURDAY 1/25
Dr. Martin Luther King Junior Day Schools and Administrative Offices Closed					Frudel Apple Juice Fresh Fruit Milk
					Turkey Wrap w/Lettuce & Tomatoes Fruit Juice Fresh Fruit Milk
MONDAY 1/27	TUESDAY 1/28	WEDNESDAY 1/29	THURSDAY 1/30	FRIDAY 1/31	SATURDAY 2/1
					Yogurt with Graham Crackers Orange Juice Fresh Fruit Milk
					Cheese Hoagie with Lettuce & Tomato Fruit Juice Fresh Fruit Milk